Sapphire Independent Housing

Conway House

Supported Housing

About Conway House

Housing and Support for Camden Adult Pathway Clients

Conway House is a modern 60 bed hostel located in a quiet residential part of Kilburn. Sapphire is funded by the borough of Camden to provide housing related support to clients assessed as having support needs.

The scheme is a male only service and provides temporary accommodation and support for single homeless men aged 19+ with a broad range of support needs. The maximum stay for residents is two years.

All referrals to Conway House are accepted from designated agencies in the Camden Hostels Pathway.

The building consists of five levels. All bedrooms are fully furnished and have en-suite facilities. Kitchens are shared by up to seven people.

Each cluster is designated to specific service levels, such as assessment, engaging support, high support elders and move through, with each cluster accessible via a secure fob system.

There is a communal kitchen and meeting area with Wi-Fi access, communal garden and computer room.

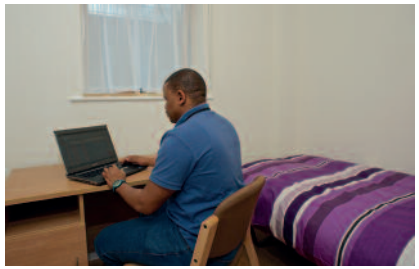
Conway House is staffed 24 hours a day. Support staff work shifts between 8am and 8pm and night staff are on duty between 8pm and 8am.

How we work

Every resident in Conway House has a dedicated key worker who works closely with them throughout their stay. The resident and key worker will produce and then follow a personal action plan which aims to cover all aspects of the residents' needs and aspirations.

The key worker and resident undertake an assessment of needs and, working together, develop the personal action plan to address their needs. Progress on this plan is monitored in regular key works sessions. The personal action plan provides a series of realistic achievable goals to help the resident towards independence.

Key workers provide assistance with welfare benefit claims, guidance on communal living, and advice on meaningful use of time; including sign posting to training or volunteering opportunities.



The Training and Resource Centre

The Training Resource Centre (TRC) provides an environment where residents can increase their skills and experience in a number of areas. The centre's Work and Learning Mentor provides basic coaching in IT and 1:1 Education, Training and Employment (ETE), literacy support and help with CV writing and completing on line job searches and applications.

Enabling residents to increase skills and experience

Residents can also participate in practical classes including basic cooking, learning about healthy eating on a budget and helping to prepare and cook meals as a group.

There are also regular art classes organised and run by volunteer art students and a gardening club run by the North London Master Gardeners. Both groups offer residents the time and space to develop their creative talents and cultivate new skills.

Drama classes provide opportunities for self expression, as well as learning the skills involved in the production of short films. The drama group develop storyboards and scripts which are turned into performances and these are filmed and edited.

As part of confidence building residents are encouraged to engage in physical exercise, such as organised group swimming and gym sessions at local sports centres and fishing trips to popular fishing spots such as Paddington Canal and Little Venice.

If you would like to find out more about the services at Conway House please call **020 7372 6633** or go to **www.sih.org**

1:1 Sessions at the TRC

- Coaching in IT
- Education, training and employment coaching
- Literacy support
- Assistance with CV writing and with job applications

Residents are encouraged to participate in a range of activities designed to develop key life skills, improve health, well-being and build confidence.

Sapphire Independent Housing

With over 360 units of accommodation throughout London and Hertfordshire, Sapphire Independent Housing is proud to provide quality support and accommodation to single people in housing need.

We are located in the London boroughs of Brent, Camden, Islington, City of Westminster and Hertsmere.

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Sapphire Independent Housing is a registered housing provider. Industrial and Provident Society. Registration Number—19068R. Homes and communities Agency Registration Number—H1313.